

River City Gymnastics

Gymnastics fitness program

2022/2023

Parents,

We appreciate your interest in our Gymnastics Fitness Program.

Our purpose is to provide an exciting introduction to the world of gymnastics. Our goal is to provide activities that will encourage physical and mental growth. Please understand that we are a gymnastics facility, not a licensed daycare program.

Enclosed is the registration packet that includes:

- Fees and General Information
- Registration Form
- Safety, Behavior, and Bullying Rules and Policies
- Safety, Behavior, and Bullying Agreement
- Sick Policy
- Gym Policies

Please read thoroughly and be sure to complete all forms enclosed. Each child will be required to pay a \$40 non-refundable registration fee to reserve their spot in our Gymnastics Program. We also need you to register your child online.

Please go to our website rivercitygymnastics.info. Click on the Create Account button to start the process. If your child has taken classes with us before, please go to Parent Login. If you have forgotten your user ID, please give us a call and we will help you with that information. Make sure that your child's information is entered and request enrollment in the Gymnastics Fitness Program for your child.

Once you have enrolled your child, the registration charge will be placed on your account. You can make the registration payment in the office any time before the first day of school or by logging into your parent portal. The first month's tuition is due on the first day of School.

Please note that River City Gymnastics is not a licensed daycare facility.

Thank you,

River City Gymnastics

2022/2023 Fees & General Information:

The current fees are as follows:

\$40 annual registration fee (non-refundable)

\$240 per month (includes transportation) till *5:30 pm.

*Please note that consistent late pick-ups (any child picked up after 5:45 without proper communication from their guardian more than twice per week) could result in an additional charge on the account.

You will need to call the office at 210-946-8256 if you are going to be picking up later than 5:30 PM. (We understand traffic at this time can cause delays.)

Monthly tuition includes the following for your child:

- Transportation from select schools
- Activities such as strength and flexibility training and cardio activities
- Introduction to gymnastics
- Supervision until child is picked up

All Gymnastics Fitness Program athletes will be expected to sign up for our Auto-pay system. If you have not paid before the 3rd of the month, the credit/debit card on file will be charged your tuition payment. If your credit/debit card does not process for any reason a \$30.00 NSF will be charged to your account. The \$30 NSF charge is not eligible for our auto-pay program and will remain on the account until it is paid. This is non-negotiable .

You will need to provide a SMALL, HEALTHY SNACK for your child each day.

Operation hours are as follows:

- After school until **5:30 p.m.** (Please see aforementioned procedure if you think you will be late picking up your child)

The Gymnastics Fitness Program follows the Judson ISD student calendar. Therefore, the program does **not** operate during school holidays, teacher in-service days, or school closings due to inclement weather. We **will** provide pick-up on early release days

Additional Gymnastics/Tumbling classes are available in the evenings and Saturday mornings. A 10% discount on Gymnastics Fundamental classes is available to all students enrolled in our Gymnastic Fitness Program. (Team tuition does not qualify for this discount.) We have gymnastics classes starting as early as 4:30 p.m.

See our website rivercitygymnastics.info
or our office for gymnastics class times and availability.

Please note that River City Gymnastics is not a licensed daycare facility.



Gymnastic Fitness Program Registration 2022/2023

Student's Name: _____

Date of Birth: _____ Age: _____

Campus: _____ Grade: _____

Homeroom Teacher's Name: _____

Parent/Guardian's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Parent/Guardian Cell Number: () _____

Parent/Guardian Work Number: () _____

Home Phone: () _____

Second responsible person to contact if you cannot be reached:

Name: _____

Phone #: _____

The following person(s) are approved for pick-up and have agreed to show the appropriate identification (ID) before we release the child. In the event the child will need to be picked up by a person not listed below, an email notification must be sent to RCGSA@SBCGLOBAL.NET

Person(s) authorized to pick up your child:

_____ () _____

_____ () _____

_____ () _____

Previous Medical History (broken bones, torn muscles, asthma, diabetes, etc.)

Other conditions we should know about to help us teach your child better?

Allergies to medication/food?

Physician to contact in case of emergency:

Name: _____

Phone: _____

Address: _____

Primary Insurance Company:

Policy Number: _____

Transportation Release:

I, _____ hereby authorize River City Gymnastics to transport my child from the aforementioned school campus to the River City Gymnastics facility.

Parent Signature: _____ Date: _____

I, _____, the parent and/or guardian of _____, give River City Gymnastics permission to seek emergency medical treatment of said minor if I am unable to be contacted for any reason. I am aware and understand that neither River City Gymnastics, nor its employees, are liable for any injuries acquired during any event sponsored by River City Gymnastics or its associates. I also understand that, as with any sport, a certain amount of risk is involved.

Parent Signature: _____ Date: _____

Safety and Behavior

Rules and Policies

Please Review the following rules and policies with your student. Please note that River City Gymnastics is not a licensed day care. We reserve the right to discontinue enrollment at any time.

ALL THE TIME:

- Listen to staff and follow directions
- Respect our friends and instructors
- Use Kind words: T-H-I-N-K before you speak
 - Is it TRUE
 - Is it HELPFUL
 - Is it INSPIRING
 - Is it NECESSARY
 - Is it KIND
- Keep hands and feet to yourself
- Use appropriate language – no swear words, rude, hateful, mean, or negative remarks to anyone at any time

ON THE VAN:

- Child is required to sanitize hands upon entry
- Find their seat (may or may not be assigned)
- Buckle up and remain buckled for the entirety of the ride.
- Keep noise level to a minimum as to not distract the driver
- Do not open back pack or lunch box
- No throwing objects of any kind
- No electronics

AT THE GYM:

- HAVE FUN
- BE SAFE
- LISTEN TO YOUR COACHES
- NO EXTRA GYMNASTICS (it is not safe)
- NO ELECTRONICS ALLOWED IN THE GYM
- INFORM THE COACH IF THEY NEED TO LEAVE THE GROUP (ex: for the bathroom, water break, etc.)

Bullying Policies

River City Gymnastics has no tolerance for bullying. Please review the following bullying policies adopted from the Judson ISD Anti-Bullying Plan

Bullying is a single significant act or pattern of acts by one or more students directed at another student that involves but is not limited to:

- **Written or Verbal expression**
- **Physical conduct that:**
 - **Harms a student or the student's property or makes the student fear that harm will come to them or their property**
- **Sufficiently severe, persistent, or pervasive behavior to create an intimidating, threatening, or abusive environment for the student.**

We encourage our students to immediately report bullying to a coach or administrator and to never use acts of physical violence as the answer. All employees are required to communicate complaints of bullying and harassment to administrative staff. We strive to make a fun and safe environment for your child, to do this we request your assistance in encouraging students to report bullying to their coach. If you have any questions, please contact the office at 210-946-8256 or RCGSA@sbcglobal.net

3 x 2 Strike Policy

We have developed a 3 by 2 Strike policy to help ensure that our safety and behavior policies are being followed. The breakdown is as follows:

- 1. Reinforcement of rules and child will sit out of the activity 1 minute for each year of their age**
- 2. Reinforcement of rules, child will sit out of the activity, and a note will be sent home to the parent/guardian with a copy of the behavior policies**
- 3. Reinforcement of rules, child will sit out, a parent will be contacted to schedule a conference**

When we have 2 conferences, we will begin the process to discontinue the enrollment in the After School Fitness Program.

Behavior Agreement

At River City Gymnastics we take the happiness of your children very seriously. We want every day here to become a happy memory for them. Therefore, we work hard to create an environment that will allow this to happen. Along with our efforts, we need the children to help us create that environment by following some simple but effective rules. Below is our Safety and Behavior Agreement, please read over it with your child(ren) and be sure they understand what it is and why they are signing it. This will help us help them have a wonderful experience at River City Gymnastics.

Please remember that River City Gymnastics is not a licensed daycare facility.

- I will listen to the staff and follow directions.
- I will respect other people’s belongings by not touching/using their stuff without permission.
- I will respect other’s personal space by keeping my hands and feet to myself.
- I will not hit or fight other people.
- I will use appropriate language, I will NOT use any swear words or negative remarks.
- Before leaving the room/gym I will ask a staff member for permission.
- I will respect other people’s feelings by having a positive attitude when talking with them and not talk down to others.
- No **electronics** are to be brought to the gym. (If electronics are brought into the gym you will be asked to return it to your bag.)

Parent Signature: _____

Date: _____

Student Signature: _____

Date: _____

River City Gymnastics

Sick Policy

1. Please call River City Gymnastics at 210-946-8256 if your child will not be attending for any reason, especially due to illness.
 - a. Expecting an absence will ensure a smooth encounter in the pick-up line at the school.

2. If your child is running a fever of 100.4F or higher you will be contacted to pick up your child immediately.
 - a. Unless otherwise instructed by a Healthcare provider, children running a fever of 100.4F or greater should remain at home for at least 24 hours **after** the fever has broken without assistance from fever reducing medication.

3. If your child vomits or has diarrhea, you will be contacted to pick up your child immediately.
 - a. Unless otherwise instructed by a Healthcare provider, children with recurrent vomiting or diarrhea should remain at home for at least 24 hours **after** it had stopped.

4. If your child has a communicable disease, parents are required to notify River City Gymnastics within 24 hours so that the parents of the other children may be notified.

By signing below you are indicating that you are aware of River City Gymnastics' policy regarding illness.

Parent Signature: _____ **Date:** _____

Child's Name: _____

River City Gymnastics Gymnastics Fitness Program

Please read, initial by the X, and sign in agreement for the following Gymnastics Fitness Program.

Upon enrolling at RCG you will be required to store a valid credit/debit card on file. Tuition is due of the 1st of the month.

If you have not paid before the 3rd of the month, the credit/debit card on file will be charged your tuition payment.

X _____

Please make sure that you have completed the registration process **online**. If you need help, please come into the gym and our office staff will be glad to help you.

I understand that River City Gymnastics is not a licensed day care facility. X _____

Refund and Credit Policies

There will be **no refunds** given. X _____

Monthly tuition is **not** pro-rated for holidays. We do try to provide pick up and supervision for early release days, and understand that the holiday full day fitness programs are not included in monthly tuition. X _____

Departures

Please pick up your child promptly. All children must be signed out by an authorized ADULT. If you must send someone who is not on your list to pick up your child, please call the gym to let us know. We will ask for identification for those adults that we do not know. X _____

Gym Rules

Students are never allowed to work out in the gym without a coach for safety reasons. X _____

PHOTO RELEASE

I give consent for any pictures taken of my child involved in River City Gymnastics programs to be used for future RCG promotions, on display and on our website. X _____

In Case of Emergency:

I understand every effort will be made to contact the parents or guardian in case of emergency. In the event I cannot be reached, I hereby give permission for my child to be transported to the nearest medical facility. I also understand that I will be responsible for payments of any medical expenses incurred on my child's behalf.

I/We the parent/guardian(s) have read, initialed, and understood all of the River City Gymnastics Policies.

Parent Signature: _____ Date: _____

Please remember that River City Gymnastics is not a licensed daycare facility.