

Facility COVID Compliance Guidelines

As we are still operating under local and state guidelines due to the COVID19 pandemic, we wanted to remind you of a few new policies and changes that we have made to our facility for the safety and protection of your family and our staff. Please note that this list is not all-inclusive and is subject to change as more information becomes available.

- **Designated student entrance/exit** –We will have one designated entrance for class and team students to use which will be on the parking lot side of gym. The exit doors will be the front of the building (Kneupper St). We have created videos that demonstrate our drop off/pick up procedures. Please watch these on our website.
- **Observation** – The occupancy restrictions that have been put in place have required us to drastically reduce the number of seats available for observation. We have altered class times and reduced class size to aid in this effort, but we have also implemented a **one parent** per athlete policy. We reserve the right to amend or alter this when permissible and will update this policy if we see that a change needs to be made. If we begin to reach a point where we are close to our occupancy limit, gymnasts and preschool parents will be prioritized for entry.
- **Mandatory temperature checks** – We will have our staff take their temperature each day upon arrival at work. We will also be checking the temperature of all athletes and parents who come to the facility prior to entry. Anyone with a temperature of 100 degrees Fahrenheit or above will not be allowed entry.
- **Hand washing/sanitizing** – We are asking all our customers to wash/sanitize their hands upon entering the gym. You will also notice increase signage around the facility reminding you to wash your hands and we will also have sanitizer available for use. Athletes will sanitize hands between events. While we have sanitizing stations throughout the gym, your child can bring their own to use. We also suggest that your athlete take a full shower/bath when they get home after practice.
- **Facility changes** – We have added a plexiglass shield for the front desk. **Our water fountains will be closed for drinking, so please make sure to send your athlete to practice with a bottle of water labeled with their name. Send them ready for practice as they WILL NOT be able to change beforehand or store their belongings in a cubby. Please bring a bag for them to carry their any belongings from event to event.**
- **Facemasks Mandatory** –All patrons over the age of 10 must wear a facemask when inside the building at all times. Athletes will be allowed to remove their facemask when entering the gym floor ONLY and must wear a facemask when entering and exiting the building, or in common spaces. **If you do not have a mask you will not be allowed to enter our facility.**
- **Modified schedules** – We have modified our class schedules to give us time to sanitize between classes. Please remember to arrive **no more than 15 minutes** before class for screening and that all athletes **MUST** be picked up promptly

when class is over to minimize congregating. Since all classes will change, preschool and recreational families will need to re-enroll in class once the new schedule is active.

- **Social distancing** – We are encouraging our staff to maintain social distancing practices when outside of the facility to minimize the possibility of contracting the virus. We have reduced seating in our observation areas and clearly marked spots in the lobby and gym that are 6 feet apart to maintain social distancing inside the facility. We will only allow one parent per athlete to enter the facility for observation.
- **Monitoring** – We ask for your assistance in the at-home monitoring of your family members. Please observe for the following symptoms: fever or chills, cough, fatigue, body ache or sore joints, shortness of breath, sore throat, headaches, nasal congestion, loss of taste or smell, rash, abdominal pain, diarrhea, nausea and/or vomiting. If you, your child, or anyone in your household exhibits any of these symptoms, please keep your child home. If any family members come into contact with anyone known to have a positive COVID-19 test, you **MUST** notify the facility immediately and do not attend the facility **for at least 14 days of known contact OR the symptoms subsiding**. If athlete or family member has tested positive, the athlete/family member's return to the gym **MUST** be coordinated with gym manager, Tracy Greene. Make-up classes will be offered in the event this occurs.

We know that this list of changes is unlike anything we have asked of you before, but the current state of our nation is also unlike anything we have seen. It will take some time to adjust to our new normal and there will be revisions along the way as we learn through this process with you. One thing we ask you is to remember that we are all in this together, so please be patient with us as we work on smoothing out any issues that arise during this transition. Also, if you have any sanitizer, gloves, or masks that you can donate to assist us in our effort we would greatly appreciate it. We thank you all staying with us during this time of uncertainty and look forward to seeing you again soon.

These policies will apply to anyone entering our facility and we reserve the right to deny entry to any who are not willing to comply.